



Maj. Ashley Rolfe is the 104th Fighter Wing's first female fighter pilot. Rolfe is an Air Force Academy graduate and combat veteran who has served in the Air Force for 11 years. Rolfe became an Air Force pilot after growing up as an Air Force "Brat" dependent, following her dad and grandad's footsteps carrying on the family legacy. Rolfe's swearing in ceremony took place at Barnes Air National Guard Base, July 26, 2016. (U.S. Air National Guard Photo by Senior Master Sgt. Julie Avey) **Read story on page 4.**

Commander's Column



By Col. William Bladen Operations Group Commander

Europe 2016: How Your Sacrifice Impacted American Security

The 104th Fighter Wing is small. It's lean. It's efficient. It's a tight-knit family. And this spring, it had a huge impact on national security. It was amazing for me to see how our little base projected global power and gave our national leadership just a little more political capital. The entire wing should be proud of how all of our functions came together to pull it off. It was a team effort that touched every shop on the base. You should be proud. You deserve it. But I think you deserve more accolades than many of you have imagined. Allow me to brag on you for a few minutes.

A Tad Bit of History

American foreign policy during the Cold War era almost exclusively focused on stemming the expansion of Communism. Massive amounts of money, troops, and equipment flowed into Europe to bolster NATO power vis-à-vis the Warsaw Pact. Following the fall of the Berlin Wall in 1989, the U.S. sought a "peace dividend" to save money. This meant cutting troop strengths by 75% during the following decade. It saved a ton of tax dollars but it had some unintended consequences. Our allies felt abandoned and our potential adversaries became emboldened. Fast forward 27 years. We've seen Russia attack Georgia and annex Crimea. ISIS operates throughout Europe and intends to project terror here. We needed to show solidarity with Europe, especially Eastern Europe, which bridges the West with Russia and the Middle East. Hence the birth of the European Reassurance Initiative (ERI) and the Theater Security Package (TSP). This new strategy rotates forces through various locations (instead of permanent basing) and seeks to do four

important things: *REASSURE* our allies, *DETER* our potential adversaries, gain *INTEROPERABILITY* with NATO, and practice *FORWARD BASING*. Enter stage left....the Barnestormers.

The Gameplan

Our portion of the TSP was a three month deployment to four different locations "rainbowing" jets with Fresno. We sent 250 people, 12 jets (eight from Barnes), and operated out of three locations simultaneously. We split the unit into a Northern Route (Iceland to Estonia to Bulgaria), a Southern Route (Holland to Bulgaria), and still ran our alert and DOMOPS missions back home. Those stats alone are pretty amazing... now let's talk impact.

The Northern Route

Our trip to Iceland was all about *DETERRENCE*. As a part of NATO, we have agreed to periodically rotate forces

(Cont'd on page 3)

104th Fighter Wing

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Alcoholism is treatable!

Need help? Call 1-800-410-2560

Sexual Assault S.A.F.E. helpline

1-877-995-5247

(Cont'd from page 2)

through the country to unpredictably deter and protect the northern Atlantic corridor — the route Russian bombers fly to harass our eastern seaboard. During our visit, we fell under NATO command and control, not U.S., and were tasked to sit alert. Part of the mission was to prove the capability by passing a series of four alert evaluations before going on status. We did it in just three and the evaluators stated, “It was the fastest scramble times we have seen.” Their shock was not shared by me. I already knew we were the best.

From Iceland, we moved the four jets and about 80 people to Estonia. There, we hit all four of the ERI objectives: *REASSURANCE*, *DETERRENCE*, *INTEROPERABILITY*, and *BASING*. Our jets were just 120 miles from the Estonian-Russian border, about the same distance we fly to train during sorties here at Barnes. We let Russia know we were thinking about them by parking American fighters on their doorstep. Estonia is western leaning but they worry about Russian power and American backing — to understand their fear, you only have to ask the Ukraine about the Crimea. We also participated in their Spring Storm exercise to enable training together. Estonia is small but very strategic and we definitely contributed to keeping them on our side of the world view. From there, the northern route crowd moved to Bulgaria and joined the southern route. The family was back together again.

The Southern Route

As our jets and people left for the norther route, simultaneously the other half of the TSP went to Holland where our focus was *INTEROPERABILITY*. For three weeks we participated in Frisian Flag, a Dutch exercise that simulates major combat operations similar to Red Flag. We planned, briefed, flew, and debriefed with 10 NATO and Partnership for Peace nations. Fighting alongside foreign nations is extraordinarily difficult. Our airplanes are different, we

speak a different language, and our tactics are different. Multiply those differences by 10 and that was Frisian Flag. We taught them how we fight and win and they showed us the capabilities they bring to the fight. It was an overwhelming success and I am confident every participant is more prepared to fight when the next big war comes.

From Holland, we took the jets to our final destination, Bulgaria, with the northern route joining us a few weeks later. Bulgaria was about *REASSURANCE*, *DETERRENCE*, and *BASING*. Bulgaria is exceptionally strategic. It is a former Warsaw Pact turned NATO nation that flies Soviet fighters and has a population that both embraces western values and appreciates Russian support. They border the Black Sea and are a short flight to the Middle East. Our visit to Bulgaria was really focused on keeping them vested in NATO by training with their pilots, engaging their government, and engaging their people. We flew a huge number of sorties with their pilots, gave them weekly academics, and even met with their Chief of the Ministry of Defense (a position that is similar to our SECDEF) to discuss the meshing of Bulgarian and American strategy. This was done by Barnestormers, not highly trained Department of State officials. In addition, we offered up firefighting capability during a fire off base and contributed hundreds of man hours to completely overhaul a destitute kindergarten playground. When we left, we received huge compliments from their wing commander, Gen. Lalov. He was very happy with how we had entered as guests and left as friends. The impact of this cannot be overstated. Key players in the Bulgarian military and community saw us as an example of what America offers.

It's hard to measure. It's not tangible. But it is important.



The Scorecard

As an 18 primary aircraft assigned wing, we operated out of three locations simultaneously, the first to do this during a TSP. This split our pilots, maintenance, and support functions three ways...something unheard of on active duty. We also supported three different combatant commands simultaneously...also unheard of on active duty. Typical fighter unit deployments go to an established base like Al Dafra or Bagram with an American chain of command, an American infrastructure, and American force protection initiatives. None of our four locations had that. We had to make our own policies, work our own communications, and we even built a dining hall that purchased goods on the economy and fed the entire 131st Expeditionary Fighter Squadron.

A key indicator of our impact was actually the Russians because they moved forces to counter our movements. The day our jets arrived in Bulgaria, the MiG pilots scrambled four times because the Russian Air Force was probing the border. Prior to our arrival, the Bulgarians hadn't scrambled in over two months. The shirtless man on the horse was reacting to us. And when he's reacting, we're winning. It wasn't easy and it was awesome to watch. For that I sure am proud. And you should be too. Most Americans will never understand what you did this spring. But I do...and I thank you.

Growing Up as an Air Force “Brat” to Fighter Pilot Today

By Senior Master Sgt. Julie Avey

Growing up near Tyndall Air Force Base as an Air Force “brat” wanting to follow in her Dad and Grandad’s footsteps to carry on family legacy she made the decision to become an Air Force Fighter Pilot. Maj. Ashley Rolfe is making history at the 104th Fighter Wing as the first female fighter pilot in the Wing’s 70 year history.



“The noise of the sonic booms would shake the entire room,” said Rolfe. “I thought it was the coolest thing in the entire world. So I made my dad take me to all the air shows and I would drag him to pilot to pilot and ask them how did you become a pilot. This was about when I was 10 and most of them said the most direct path is the Air Force Academy. So I was a 10 year old girl in fifth grade saying I’m going to be a fighter pilot. I was usually shorter than everyone else and people were usually saying ok little girl.”

Today Rolfe has been in the Air Force for 11 years. She is a graduate of the U.S. Air Force Academy and has been stationed as a U.S. Fighter Pilot at Kadena, Nellis, and Tyndall Air Force

Bases. She has deployed twice, most recently Afghanistan for six months.

During her swearing in ceremony to the Air National Guard’s 104th Fighter Wing she thanked the wing for a warm welcome. “I’m really excited to get to know everyone here. Hopefully you don’t necessarily just see me as a chick but you see me as one of the pilots or one of the bros.”

“I think it is really awesome to hire our first female to the 104th Fighter Wing,” said Lt. Col. William Bladen, 104th Operations Group Commander. “There is a diversity aspect of this, but you have heard me talk about this before. More than the diversity of our color of our skin, gender, and all of that, the diversity of thought, opinion, and different perspectives we all bring to the fight is important. Rolfe you certainly bring that with all your experience. I have known her since somewhere around 2012.”

At her previous duty assignment on Tyndall AFB before coming to the 104th FW she flew T38s as an aggressor for the Raptor program.

When asked about the journey to becoming a fighter pilot Rolfe shared, “I knew going in it was going to be a challenge. For anyone going into flying fighters it’s a challenge. A lot of hard work, a lot of studying, and a lot of practice. Getting into the fighter pilot culture. It just kind of happens and you work at it with the social engagements and such. As long as you are involved in Squadron events and everything not being a total hermit you should be able to work in.”

Rolfe graduated pilot training in 2007 fulfilling her life-long dream to become an F-15 fighter pilot.

“I was the only girl in my first half of pilot training,” said Rolfe. “But then I ended up transitioning after the first section of training. Once I went to the T-

38s in Columbus Mississippi there was another girl in my class. She ended up being one of my bridesmaids and were still very close. We were competitive but still became lifelong friends and she ended up going to Strike Eagles. We were a little nervous when we first met because we are both type A personalities and who knew how that meshing was going to work, but it worked out great.”

Women first entered pilot training in 1976 and fighter pilot training in 1993. The Air National Guard has 195 female pilots; of those, 10 are fighter pilots.

Kadena was Rolfe’s first duty assignment, where she was part of the 67th Fighting Cocks as the only female F-15 fighter pilot in her squadron.

“At first the guys were hesitant because they hadn’t had a female in the squadron for a few years, but it didn’t take long until I became just one of the bros,” said Rolfe. “They were very accepting and gave me just as much crap as I could give them. Brotherly love pretty much and treated me as a little sister picking on me.”

Rolfe has a year and a half old daughter.

“She’s already a fiercely independent little girl,” said Rolfe.

“I just want to impart you don’t have to be limited by what other people say,” Rolfe shared. “There was a high school football and baseball coach at my school when I was a senior. I had been telling people I want to go to the Air Force Academy. I want to be a Fighter Pilot and blah blah. He straight up told me you won’t ever be a fighter pilot because you are a girl.”

Rolfe stressed “I just want her to know even though someone might say you can’t do that. Do the research and realize no kidding if you put your mind to it you can most likely do this.”

104th Fighter Wing holds Distinguished Awards Ceremony and “Mother of All Change of Command Ceremonies”

By Senior Master Sgt. Julie Avey

A celebration took place on the flight line of Barnes Air National Guard Base for the men and women of the 104th Fighter Wing as distinguished awards were presented and the ceremony rolled into the “mother of all change of command ceremonies.”

The Wing’s Air Control Alert unit was recognized as the best in the nation for 2015. The unit’s superintendent, Chief Master Sgt. Robert Roy, accepted the award. When asked how do you win an award like this against other units who are truly incredible Roy said, “It comes down to people and their ability to do the right things all the time even when no one is looking especially in a mission that never turns off. We can be called up at O’ dark thirty, wake up and be expected to be on mission.”

Col. James A. Keefe, the 104th Fighter Wing Commander, kicked off the ceremony with a welcome home to the deployers. “Obviously our big deployment was our aviation package to United States European Command and NATO, but only a part of the story in terms of deployments... In individual deployments we actually had over 500 people deploy somewhere last year, whether it was a training exercise, real world, or domestic operation.”

The 104th Fighter Wing currently has members supporting PACOM, EUCOM, CENTCOM, all supporting Title 10 mission for active duty.



(U.S. Air National Guard Photos by Tech. Sgt. Melanie Casineau)

The 104th Fighter Wing leading the way in excellence in all we do! Four major awards were presented during a ceremony on the flight line at the 104th Fighter Wing: The Legion of Merit was presented to Col. Edward J. Gunning Jr., 2015 Continental United States North American Aerospace Defense Command Region/ 1st Air Force Air Control Alert Unit of the Year was accepted by Chief Master Sgt. Robert Roy, 2015 Air Forces North Air Control Alert Maintainer of the Year was presented to Staff Sgt. Trevor Tompkins, and the Massachusetts Air National Guard Non-Commissioned officer of 2016 was presented to Staff Sgt. Shane Coakley. (U.S. Air National Guard Photos by Tech. Sgt. Melanie Casineau) Read More Here: <https://www.dvidshub.net/news/207875/104th-fighter-wing-holds-distinguished-awards->

104th Fighter Wing Host Key State and Federal Legislative Members

By Senior Master Sgt. Julie Avey

Approximately 25 legislators representing Western Massachusetts municipalities, the local region, the Commonwealth and the United States federal government, attended the 104th Fighter Wing's 2016 Legislative Day, August 14, 2016.

During the tour, Air National Guard leaders including Lt. Gen. L. Scott Rice, Director of the Air National Guard, and Col. James J. Keefe, Commander, 104th Fighter Wing, briefed attendees on how the Air National Guard and the 104th Fighter Wing's missions are making a difference in our nation, including stateside domestic operations and overseas deployments.

"We are what is referred to as a force provider to the Adjutant General when natural disasters or emergencies occur," said Keefe. "We integrate with the Army National Guard. We have Air Guard drivers trained to drive Army Guard vehicles, and Air Guard medics trained to fly in Army medical evacuation helicopters." Key topics of interest included the economic impact

the 104th Fighter Wing brings to the local community, Barnes Air National Guard Base as possible future selection site for the F-35, the Wing's recent deployments with NATO members as part of Operations Atlantic Resolve, and the ongoing need to provide mission ready Airmen to defend our nation.

The annual Legislative Day at Barnes gives military leadership a chance to give federal, state, and local elected officials a look at the mission of the 104th Fighter Wing and the important role they have training Barnes Air National Guard Base.

The biggest selling point of Barnes is the base itself," said Gen. Gary Keefe, the Adjutant General of the Massachusetts National Guard. "Barnes is used as the text book example of what the nation wants from its Air National Guard bases. It is a very small footprint here on Barnes municipal airport, it costs next to nothing for the unit to be here and the economic impact we bring to the Western Mass community is huge."

Lt. Gen. L. Scott Rice, Director of the Air National Guard, says the future looks good for Barnes.

"Barnes Air National Guard is the greatest installation in our country," said Rice. "This is the model base for me. Every standard I can think of is here at Barnes. Evolution, infrastructure, how they are organized, how they meet, they are cost effective. I market that very well across the country within the other eighty eight Wings. I do that with great pride, great emphasis and strength, as I fight for my kids and grandkids"

Read More Here:

<https://twitter.com/DeptofDefense/status/769713389404913665/photo/1>

DVIDS:

<https://www.dvidshub.net/news/208015/104th-fighter-wing-showcases-western-massachusetts-182-acre-pea-patch-and-its-global-impact>



"It is really our responsibility to talk about the importance of this base to our region and in Western Mass "

*Michael Knapik,
Director of Gov. Charlie
Baker's Springfield office*

Legislators and Representative from Western Massachusetts visited Barnes Air National Guard for the 2016 Legislative Day

A Challenge for Caregivers: HONOR YOURSELF

By Michelle A. Pennington, LCSW, ACM, Director of Psychological Health

Do you take care of a loved one?

Perhaps someone who has had a stroke, a child with developmental or learning challenges, someone with cancer or Alzheimer's? As a caregiver, much goes unrecognized. The extra hours, the loss of your own rest and free time, worry and financial strains. But it's a no brainer. You may feel that their care is first priority — but in fact, *you* are the priority. Our loved ones need help, personal attention and our various cultures, religions or financial situation make us the obvious choice for caregiving. You may often feel that you have no time or even the right to make sure you are taking care of yourself too. According to the Family Caregiver Alliance, family caregivers are at an increased risk of high blood pressure, diabetes, high cholesterol and heart disease. They also report increased use of alcohol, tobacco, prescription and other drugs. If left unchecked, the stress of caregiving can sneak up on you. To be the best for your loved one, you have to take care of your own physical and mental well-being. Maintain a balanced diet, physical activity, avoid tobacco and alcohol use...do things you enjoy. Your emotional and psychological health can affect your physical health.

The following are some warning signs of caregiver burnout:

- 1) Excessive use of alcohol, sleeping or other medications
- 2) Appetite changes – eating too much or too little
- 3) Depression – hopelessness, feelings of alienation, lack of energy to do new things
- 4) Thoughts of death
- 5) Losing control physically or emotionally
- 6) Neglecting or treating roughly the person you care for
- 7) Trouble falling asleep or staying

asleep

- 8) Difficulty concentrating, missing appointments.

If you notice yourself or friend showing signs of burnout, get help. Your healthy mind, body and spirit benefits your loved one as well as yourself.

The Caregiver Action Network has 10 tips for family caregivers:

- 1) Seek support from other caregivers – you are not alone!
- 2) Take care of your own health to be strong enough to care for your loved one
- 3) Accept offers of help- suggest specific things people can do to help you
- 4) Learn how to communicate effectively with doctors
- 5) Caregiving is hard work, take breaks
- 6) Watch out for signs of depression, don't delay in getting professional help when you need it
- 7) Be open to new technologies that can help you care for your loved one
- 8) Organize medical information — make it easy to find and up to date
- 9) Make sure legal documents are in order
- 10) Give yourself credit for doing the best you can in one of the toughest jobs there is!

Don't know where to start? Reach out to our Base Chaplains, Family Readiness or DPH. There are a multitude of resources for support and relief we can help you find. The trick is giving yourself the time to call or go online. That five minutes may seem unattainable but if you take it, you may find some relief. Since everyone's situation is unique, no single pamphlet or website can draw a perfect road map for your

journey of caregiving. However, reaching out to others in similar situations can provide guidance and resources improving the quality of life for both you and your loved one. If you know of someone who is a caregiver they may be feeling overwhelmed, distressed and at increased risk of depression. Take the time to reach out to them. Want to educate yourself more about caregiving, get involved or show support? Think about participating in an awareness activity or charity event. The following is just a brief list of organizations that can provide connection and guidance.

RESOURCES:

VA Caregiver Support –

www.caregiver.va.gov 855-260-3274

ALS Association – www.alsa.org 800-782-4747

Down's Syndrome Association – www.ndss.org 800-221-4602

Children & Adults with ADHD (CHADD)- www.chadd.org 800-233-4050

Alzheimer's Association – www.alz.org 800-272-3900

Family Caregiver Alliance – www.caregiver.org 800-445-8106

National Suicide Prevention Lifeline- www.suicidepreventionlifeline.org 800-273-8255 **September is Suicide Prevention Month – take the time to reach out**



Schools in Session, Mornings are Dark, and Children are Everywhere!

By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

Safety How Goes It September 2016

The unit has experienced 5 mishaps/injuries since

the last How-Goes-It.

- Aircraft experienced flight control problem, return to base OK, Class E
- Worker injured setting up family day, strained neck, first aid
- Aircraft canopy damaged by tent pole, tent blown by wind, 147K
- Participant injured on dirt motorcycle, ankle sprain, 10 restricted duty days
- Aircraft vented fuel during landing, stuck valve, class of event to be determined



Now that we have passed Labor Day, “the unofficial end of summer”, we once again see children out in the mornings and afternoons, soon to be in less than optimal daylight! “Less than optimal daylight” is another word for in the dark! This along with parents trying to get to work, get the kids to school on time, all while balancing a bagel on the steering wheel and checking a doctor’s appointment on their cell phone is at a minimum cause for concern. Yes we are all busy, but are we really too busy and distracted to do that thing we call driving? Now more than ever safety behind the wheel has to be paramount. After all schools are in session, mornings are dark, and children are everywhere! Please drive: SAFELY!

Chaplain's Corner: How Can We Help You?

By Chaplain Ken Devoie

Greetings from the Chaplain Team!

In the last 9 months we have some great additions to the Chapel Team here at the 104th Fighter Wing. We welcome Master Sgt. Angel Huertas as the new NCOIC of the Chapel. Master Sgt. Huertas come to us from the 103rd in Windsor Locks, CT. We also welcome to the Team, Staff Sgt .Shaun Reagan from our own Munitions shop and Staff Sgt. Matthew Benedetti from the PA shop. These new additions join Tech. Sgt. Glenda Anderson, our Wing Chaplain – Chaplain Steve Misarski and myself.

The Air Force recognizes that one of the four pillars of wellness is the *Spiritual* Dimension of who we are as human beings. This is our area of expertise. We bring a lot of great things to the table when it comes to assisting you in maintaining a great and healthy balance in life. We do much more than conduct religious services. We counsel, advise, lend helping hands and work to support you whether you are married, single, divorced, raising kids or are empty nesters. We manage the Air National Guard’s Strong Bond program by pursuing funds to host Marriage, Family and Single enrichment events. We usually run three per year.

Speaking of an enrichment opportunity... Our last Strong Bond event of this fiscal year is the “**Laugh Your Way to a Better Marriage**” get away weekend at Jiminy Peak Resort in Hancock, MA the weekend of September 23-25, 2016. This is a fully paid weekend for married couples (no children). This is one of our best events every year. This is a really fun time and you will not regret taking the time to get away for the weekend with your spouse. If you want one of the remaining seats left at this event, please call Staff Sgt. Shaun Regan at 698-1082 or stop by the Chaplain Office in the front of Building 12. We hope you can make it!

Green Dot Training

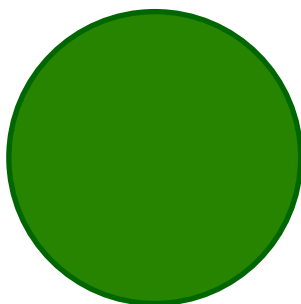
By Master Sgt. Fran Frederick, Human Resources Advisor and Green Dot Coordinator

If you haven't already heard, Green Dot training has replaced the existing Sexual Assault and Prevention (SAPR) Training. By now, many of you have already participated in Green Dot training. If you have, you can stop reading now or you can finish the article and consider this your Green Dot for the day. Nice job! This is primarily for those of you that have not been to the training, particularly those who are scratching their head saying "What the heck is Green Dot?"

After years of SAPR training in all of its many iterations (large group, small group, separated by gender, etc.), the data showed that there was little to no impact on the numbers of sexual assaults in the military. Things just weren't getting better. So, the folks at the Pentagon decided to look outside of the military to find out if there was anything that was working. What other organizations were struggling to address similar issues? Colleges and Universities. And what program had the data to demonstrate that it was having a positive impact? Since its inception, the Green Dot program.

Green Dot has been introduced to

hundreds of college campuses, high schools, and community based organizations. Unlike many other programs, data collection is part of the process. Instead of just throwing training out there and hoping for the best, outcomes are measured and intervention adjusted to improve the results. After conducting the training in all kinds of settings and in different



areas, the data shows that there were fewer incidents of sexual assault.

What makes Green Dot different than other training we have received? First, it is different in how it views the WHAT. It isn't just about sexual assault, but all interpersonal power based violence. This includes stalking, child abuse, domestic violence, and verbal/emotional abuse. Second, it shifts focus of the

WHO from victims and perpetrators to the vast majority of us-the bystanders. It is not the minority but the majority that should be dictating the culture of our organization. And the vast majority of us believe in doing the right thing. And we can do small things that create big changes. Finally, what makes Green Dot different is that it tells you HOW you can have a positive impact. It is a personal choice, based on the WHO, WHAT, WHEN, and WHERE of each individual situation. The WHY a culture change is needed is simple. People are getting hurt, lives are being ruined, and the reputation of our organization is being tarnished. The change starts with you. Dorothy Edwards, author of the Green Dot Prevention Strategy, puts it simply: "Nobody has to do everything, but everybody has to do something."

You will all have the opportunity to attend Green Dot training over the next few months. I believe that it will provide a new perspective and hope you will leave feeling empowered to make decisions that result in positive changes to our organizational culture. If you would like additional information, go to www.livethegreendot.com.

Worship Schedule

Protestant Worship

11:15 a.m. Saturday, August 13, 2016

Catholic/Orthodox Worship

11:30 a.m. Sunday, August 14, 2016

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12, aka the Fitness Center) or call ahead at ext. 698-1057.

The Honor of a Base Honor Guardsman

By Master Sgt. Christine Lupacchino

Being a pilot may be the coolest job in the Air Force, but being a member of the Base Honor Guard has the most dignity. There is no greater honor in the U.S. Air Force than performing military honors for a fallen member. Whether that member passed away while on active status, of old age after serving a short tour in WWII, or a retiree with 35+ years in the military, we pay the same respect to each fallen comrade. It's one thing to talk about performing military honors, but when you are physically there and you see the reaction and appreciation of the family, it's an experience like no other. Every Veteran/Retiree deserves that last payment of respect and gratitude for the service they did for their country. As a member of the Base Honor Guard myself, I have the upmost respect for those who have served and foster every opportunity I get to deliver that last tribute. Taps is sounded, the flag is folded then presented to the Next of Kin, while the following words are spoken slowly and respectfully: "On behalf of the President of the United States, the United States Air Force, and a grateful nation, please accept this flag as a symbol of our appreciation for your loved one's honorable and faithful service." There's nothing more humbling and honoring than speaking those words.

For information on how to join the Base Honor Guard, please contact Master Sgt. Christine Lupacchino at 698-1420 or christine.r.lupacchino.mil@mail.mil.



Barnes Air National Guard Base Honor Guard
(U.S. Air National Guard Photos by Tech. Sgt. Melanie Casineau)



Catch our Airmen in action
on Instagram at 104fw!

#104fw

#MassGuard

#AirPower

For Your Information

All full time job opportunities will now also be posted on the SharePoint main page under Full Time Opportunities. Please look there for all Technician and AGR position postings as well.

UNDERGRADUATE PILOT TRAINING OPPORTUNITY FOR FY 17

The 104th Fighter Wing is projecting an opening for Undergraduate Pilot Training (UPT) during FY17. This opportunity is open to commissioned officers, enlisted members, and civilians who are eligible for a commission in the Massachusetts Air National Guard.

Please submit the printable checklist with application to 104th Fighter Wing / FSS / FSMPPM, 175 Falcon Drive, Westfield, MA 01085-1482.

Applications must be received no later than September 6, 2016, with board dates scheduled for September 29 and September 30, 2016.

If you have any questions about eligibility or application procedures, feel free to call Airman 1st Class Tammy Midwood at (413) 568-9151, ext. 698-1954.

Any questions you may have about qualifications for aviation service should be directed to Capt. Martin Clark at extension 698-1752. A personal appearance by the applicant is required; travel & per

diem costs are at the applicant's expense

Contact information to schedule the AFOQT/TBAS in Massachusetts: Given Quarterly, call for next test date.

PUBLIC AFFAIRS OFFICER POSITION (Traditional)

AFSC: 35P3

01-02 or individual eligible for commissioning

Unit: 104th Fighter Wing

Application Deadline: Oct UTA EOD Oct. 16, 2016

Projected Board date: Nov UTA
Education: An undergraduate degree in Communications, Journalism, Marketing or Public Relations is desirable.

Appointment is contingent upon completion of the Academy of Military Science and Public Affairs Officer training.

For Details contact the POC:
Capt. Anthony Mutti at 413-568-9151, ext. 698-1299.

AIRCRAFT MECHANIC (Two Positions)

This is an AIRCRAFT MECHANIC position supporting the 104th Fighter Wing. This is a Bargaining Unit position. For the job announcement and details, go to usajobs.gov or link below

Job Announcement Closes
September 29, 2016

AFOQT
104 FSS/DPM
Barnes ANGB, Westfield,
MA
Master Sgt. Daphne Janes

TBAS TEST
Hanscom AFB
Stephen Banks
(781) 225-5951
Call for schedule

<https://www.usajobs.gov/GetJob/ViewDetails/448861200>

<https://www.usajobs.gov/GetJob/ViewDetails/448642200>

Military grade range: ENL: Senior Airman to Master Sgt. **For Details contact the POC:** Master Sgt. James Kelley at 413-568-9151,



(U.S. Air National Guard Photo by Airman 1st Class Lane Plummer)

Photojournalist and Videographer, Needed! Traditional Enlisted Positions Available!

Please contact Senior Master Sgt. Julie Avey or Capt. Anthony Mutti if interested in telling our Air Guard Story!

FINANCIAL MANAGEMENT TECHNICIAN

This is a FINANCIAL MANAGEMENT TECHNICIAN position supporting the 104th Fighter Wing. This is a Bargaining Unit position. For the job announcement and details, go to [usajobs.gov](https://www.usajobs.gov) or link below

Job Announcement Closes
September 28, 2016

<https://www.usajobs.gov/GetJob/ViewDetails/448916800>

Military grade range: ENL: Senior Airman to Master Sgt.

For Details contact the POC:
Maj. Jason Roberts at 413-568-9151, extension 6981241.

SUPV INFORMATION TECHNOLOGY SPECIALIST (NETWORK SERVICES)

This is a SUPV INFORMATION TECHNOLOGY SPECIALIST (NETWORK SERVICES) position supporting the 104th Fighter Wing. This is a Bargaining Unit position. For the job announcement and details, go to [usajobs.gov](https://www.usajobs.gov) or link below

Job Announcement Closes
September 28, 2016

<https://www.usajobs.gov/GetJob/ViewDetails/448711800>

Military grade range: ENL: Master Sgt. to Chief Master Sgt.

For Details contact the POC: Lt. Col. John Desarro at 413-568-

9151, extension 698-1552

INTELLIGENCE OPERATIONS SPECIALIST

This is an INTELLIGENCE OPERATIONS SPECIALIST position supporting the 102nd Intelligence Wing. This is a Bargaining Unit position. For the job announcement and details, go to [usajobs.gov](https://www.usajobs.gov) or link below

Job Announcement Closes
September 26, 2016

<https://www.usajobs.gov/GetJob/ViewDetails/446337500>

Military grade range: ENL: Staff Sgt. to Master Sgt.

For Details contact the POC:
Master Sgt. Donald Kochka at 508-968-7734.

SECURITY SPECIALIST (UNIT DEPLOYMENT MANAGER)

This is a SECURITY SPECIALIST (UNIT DEPLOYMENT MANAGER) position supporting the 102nd Intelligence Wing. This is a Non-Bargaining Unit position. For the job announcement and details, go to [usajobs.gov](https://www.usajobs.gov) or link below

Job Announcement Closes
September 21, 2016

<https://www.usajobs.gov/GetJob/ViewDetails/448326900>

Military grade range: ENL: Staff Sgt. to Master Sgt.

For Details contact the POC:
Senior Master Sgt. Marc Vercellone at 508-968-4900

FINANCIAL MANAGEMENT TECHNICIAN

This is a FINANCIAL MANAGEMENT TECHNICIAN position supporting the 104th Fighter Wing. This is a Bargaining Unit position. For the job announcement and details, go to [usajobs.gov](https://www.usajobs.gov) or link below

Job Announcement Closes
September 29, 2016

<https://www.usajobs.gov/GetJob/ViewDetails/449124400>



Volunteer Lately? Honor Guard is looking for volunteers to take part in base and community events representing the U.S. Air National Guard. POC: Master Sgt. Christine Lupacchino at 698-1420

For information on how to join the Base Honor Guard, please contact Master Sgt. Christine Lupacchino at 698-1420

104th MEDICAL GROUP FIRST SERGEANT

Drill Status Guardsmen selected to fill a master sergeant first sergeant position are limited to a term of no less than three years and no more than six years from date of graduation from the USAF First Sergeants Academy (FSA). If later selected to fill a senior master sergeant first sergeant position, a new term of 4 years will be incurred based on the date of assignment to the new position. Members must have written and verbal communication skills, able to work long and irregular hours and be able to travel frequently.

Job Announcement Closes
September 30, 2016

Military grade
range: ENL: Master Sgt. or
qualified Tech. Sgt. immediately
promotable to Master Sgt.

Submit completed application package to:

maryanne.walts.mil@mail.mil or
mail to Command Chief Master
Sgt. Maryanne Walts, 175 Falcon
Drive, Westfield, MA. 01085.

Application packages will include
civilian or military resume, current
copy of their vMPF Records
Review Listing (RIP), a current
passing Fitness Assessment (you
must have a score of 90 or above
on your last assessment or 80 or
above on the last two assessments),
a current Enlisted Performance
Report (EPR), and a letter of intent
indicating the applicant's reasons
for desiring the position with unit
Commanders endorsement.

Applications must be received no

later than 4 p.m. on September 30,
2016.

For Details contact the POC: For
additional information regarding
this position, contact Chief Master
Sgt. Maryanne Walts at
maryanne.walts.mil@mail.mil or
DSN: 698-1418/Comm: (413) 568-
9151 ext. 698-1418.

104th AIRCRAFT MAINTENANCE SQUADRON FIRST SERGEANT

The First Sergeant reports to the
104th Aircraft Maintenance
Commander and serves as the
critical link within the unit for all
matters concerning enlisted
members. Drill Status Guardsmen
selected to fill a master sergeant
first sergeant position are limited
to a term of no less than three years
and no more than six years from
date of graduation from the USAF
First Sergeants Academy (FSA).
If later selected to fill a senior
master sergeant first sergeant
position, a new term of 4 years will
be incurred based on the date of
assignment to the new position.

Job Announcement Closes
September 30, 2016

Military grade range: ENL:
Qualified Tech. Sgt. immediately
promotable to Master Sgt.

Submit completed application package to:

maryanne.walts.mil@mail.mil or
mail to Command Chief Master
Sgt. Maryanne Walts, 175 Falcon
Drive, Westfield, MA. 01085.

Application packages will include
civilian or military resume, current

copy of their vMPF Records
Review Listing (RIP), a current
passing Fitness Assessment (you
must have a score of 90 or above
on your last assessment or 80 or
above on the last two assessments),
a current Enlisted Performance
Report (EPR), and a letter of intent
indicating the applicant's reasons
for desiring the position with unit
Commanders endorsement.
Applications must be received no
later than 4 p.m. on September 30,
2016.

For Details contact the POC:
Chief Master Sgt. Maryanne Walts
at maryanne.walts.mil@mail.mil
or DSN: 698-1418/Comm: (413)
568-9151 ext. 698-1418.

AIRCRAFT MAINTENANCE SUPERVISOR

This is an AIRCRAFT
MAINTENANCE
SUPERVISOR position supporting
the 104th Fighter Wing. This is
a Non-Bargaining Unit position.
For the job announcement and
details, go to usajobs.gov or link
below

Job Announcement Closes
October 7, 2016

Military grade range: ENL: Chief
Master Sgt.

For Details contact the POC:

<https://www.usajobs.gov/GetJob/ViewDetails/449767900>

Col. Michael Dibrindisi at 413-568
-9151. Extension 6981301.

Professional Shopper Wanted" ???

Here is an opportunity to provide resources to the wing ensuring the 104th Fighter Wing is ready for the mission!

Are you a business major seeking hands-on experience? The Contracting Office is looking for a motivated individual to assist through (at least) September 2016.

Duties involved are all business-related – to include market research, audit, purchasing, solicitation preparation, contract preparation, and requirements and funding validation.

Dealing with complex requirements and addressing issues through critical thinking, intensive research, and analytical decision making is a hidden benefit.

Pay and benefits would be commensurate with current military grade and individual status.

Please contact Senior Master Sgt. Kyle Kiepke at 413-572-1593 with questions.

Walk in Legal Assistance

The Legal Office provides legal assistance to all ANG members on the following legal deployment related issues: Wills, Powers of Attorney (Family Care Plans), Service members Civil Relief Act, and Employment and Reemployment Rights. Walk In

Hours are available every Friday 9:00 a.m.-11:00 a.m. Saturday of the RSD from 9:30 a.m.-11:30 a.m.

If you are unable to come during this time, please call our office at ext. 698-1244 to make an appointment. We would be happy to accommodate your schedule. Notary Public Services also available.

PVC Info

Did you know that the Pioneer Valley NCO Club is a Non-profit organization? Are you aware of

what your membership money goes towards each year? A lot of people don't realize that the NCO

Club is more than just a bar. We make donations to many different organizations on behalf of its members throughout the year. Your membership money goes towards all maintenance and improvements made at the NCO Club as well. Without your annual donations none of this would be possible.

"Laugh Your Way to a Better Marriage"

Get Away Weekend at Jiminy Peak Resort in Hancock, MA the weekend of September 23-25, 2016. This is fully paid for the weekend for married couples (no children). This is one of our best events every year. This is a really fun time and you will not regret taking the time to get away for the weekend with your spouse. If you want one of the remaining seats left at this event, please call Staff Sgt. Shaun Regan at 698-1082 or stop by the Chaplain Office in the front of Building 12.



"END OF AN ERA"

Retirement announcement for:

Ken "Hatman" Fedora, Mark "Magoo" Malouin, and Joe "Monk" Keenan.

Come celebrate over 61 years of combined service.

Fini-Flight Saturday, take off at 2 p.m. and land 3:30 p.m., party to follow at the NCO club.

Barber Shop Open

The Barber Shop will be open for the 2016 RSD dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.

OPERATION MILITARY KIDS KLUB

At the Boys & GIRLS CLUB OF GREATER WESTFIELD—(413) 562-2301 | www.bgcwestfield.org

Schedule of Activities

7:30	Bus Pickup at 104th for Club – departing from Bldg 8		
8:00 – 8:15	Breakfast / Morning Meeting		
8:15 – 9:15	Games Room Tournaments: the Games Room is where the children will participate in table tournaments, such as: Cherry Pick (Pool table), Foosball, Air Hockey, Bumper Pool, and Poly Pong (4 players at a time).		
	Saturday : Ping Pong Volley Challenge	12:30 – 1:30	Swimming (times to be determined each day)
	Sunday : Cherry Pick Tournament	1:00 – 3:00 ish	OJP Mentoring Part II in the Gymnasium*:
9:15 – 10:15	OJP Mentoring Part I*:		
	Saturday & Sunday: Charades / SPARKLE / 7-Up / BINGO		Triple Play / Healthy Habits is a national Boys and Girls Club program that teaches healthy habits through physical activity.
10:15 – 11:15	Art Studio Arts & Crafts Project		
			Volleyball Barrel Toss and Hula Hoop Toss and Relay Races
11:15 – 12:00	Saturday: Computer Lab - NetSmartz is a Boys and Girls Club program that teaches beginning learners how to use the computer properly. Gamestar Mechanic is a program that teaches elementary and middle school aged children how to create their very own computer game.		
		3:30 – 4:00	Mondopad Activities
		4:00	Bus Departs for 104th – drop off location: Bldg 8
12:00 – 12:30	Lunch		
	Saturday: Chicken Pot Pie, Corn, Fruit, and 1% White Milk		
	Sunday: Cheeseburger, Vegetable of the Day, Fruit, and 1% White Milk		



*What is OJP Mentoring?

Through a grant from the Office of Juvenile Prevention, the children will be paired with a mentor in a small group setting, engaging in high-yield activities, such as: cross word puzzles, arts & crafts, computer games, and gym activities. The goal of the OJP Mentoring is to encourage youth to be more active in their schools and communities.

Family Day 2016



Welcome to the Wing

Senior Airman Anthony Perry Kishida LRS
 Staff Sgt. Michael Noel LRS
 Airman First Class Sarah Ross AMXS
 Airman Basic Jack Moriarty MXS
 Airman First Class Nicholas Dimartino MXS
 Airman First Class Stephen Misenti MXS
 Airman First Class Dylan Cross MXS
 Airman First Class Tyler Heeter MXS
 Tech. Sgt. Anthony Jesmond MXS
 Airman First Class Catelin Pobieglo MDG
 Capt. Patrick Lafond MDG
 Maj. Barbara Jones MDG
 Master Sgt. Stephen Jeffers SFS
 Capt. Mathew West FSS
 Airman First Class Jamie Daigle CES
 Senior Airman Roland Gilbert CES



Saturday -

Soup – Chicken Dumpling / Vegetable Soup

Entrees – Shredded Beef Roast / Parmesan Crusted Pork Chop

Starch – Mashed Potato / Broccoli Confetti Rice

Veggie- Peas / Fresh Zucchini & Summer Squash

Short Order – Cheeseburger / Italian Chicken

Salad Bar, Butter Rolls, Assorted Desserts

Sunday -

Soup – Chicken Dumpling / Vegetable Soup

Entrees – Mediterranean Salmon / Chicken Marsala

Starch – Scalloped Potatoes / Harvest Blend Rice

Veggie- Carrots / Corn

Short Order – Cheeseburger / Italian Chicken

Promotions:

To Airman First Class (E-2)



Airman First Class Krishna Patel SFS

To Senior Airman (E-4)



Senior Airman Michael Kosior LRS

Senior Airman Jessica Luczynska

To Staff Sgt. (E-5)



Staff Sgt. David Avalone MXS

Staff Sgt. Adam Bourdon MXS

Staff Sgt. Joshua Moynahan

Staff Sgt. Joshua Lamb SFS

To Tech Sgt. (E-6)



Tech Sgt. Bento Fernandes MXS

Tech Sgt. Daniel Williamson AMXS



To Master Sgt. (E-7)

Master Sgt. Thomas Baillageon AMXS

Master Sgt. Anthony Ceria Jr. MXG

Master Sgt. Thomas Landon LRS

Proud of our Airmen!

**September 18, 1947
Happy Birthday Airmen!**

**“American Airmen ...
Bringing AIRPOWER to the Joint Fight”**

**Our Air Force is fully engaged as part of
America's Joint Force in every region of
the world and every mission area across
the full spectrum of military operations.**



**Photo Below: Congratulations to Ken
"Hatman" Fedora, Mark "Magoo"
Malouin, and Joe "Monk" Keenan.
Thank you for your dedicated service to
our state and nation! (Courtesy Photo)**



**Photo Above: Congratulations to our Maintenance
Group Retirees! Thank you for your dedication and
service to our state and nation! (U.S. Air National
Guard Photo by Senior Airman Cynthia Innocenti)**

**Massachusetts Air National Guard
104th Fighter Wing - PA**
Falcon Drive, Westfield, MA 01805

www.104fw.ang.af.mil
Phone: 413-568-9151
Email: usaf.ma.104-fw.list.pa@mail.mil



We're on the Web

WWW.104FW.ANG.AF.MIL



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